



Starting JULY 7th

Lanes available

Fridays

9-10am & 10-11am

Mon-Thurs Evenings

7-8pm

No lanes available

On Saturday or
Sunday, holidays or
when we are busy.

LAP SWIMMING POLICY & ETIQUETTE

- 2 people? Swim on each side or circle swim.
- 3 people or more? Circle Swim
- No Children unless they are lap swimming continuously.
- No flip turns in shallow end
- No Water Walking please
- Each swimmer is responsible to watch where you are going.
- No lanes available for lap swimming on Saturday or Sunday.
- On Holidays, when schools are out on vacation days, or when we are very busy there will be no lanes in.